

Pre-conference Workshops Friday 16th October, 2026

Pre-conference workshops					
8.00 – 11.00	Riverbank R2 Chair: Dean Hartley	Riverbank R3 Chair: Helena Hayes	Riverbank R4 Chair: Dr Viana Vuvan	Riverbank R6 Chair: Amy Papinniemi	The Biomechanics Lab Chair: Costa Livanes
	Practical orthotic prescribing and fitting skills Elisha King	A structured approach to TFCC clinical assessment Dr Luke McCarron	Clinical management of the unstable shoulder: from early loading to advanced control Dr Margie Olds	Essential skills for optimal concussion care A/Prof. James McLoughlin	Using biomechanical data to inform clinical decision making in the rehabilitation of foot and ankle surgery Dr Chris Bishop
8.30 – 11.30	Riverbank R5 Chair: Patrick Indorato	Riverbank R7 Chair: Lachlan Crawford	Adelaide University – Room C8-13 Chair: Jane Higgs	Adelaide University – Room C8-23 Chair: Erin Moss	
	Calf muscle strain injuries in athletes and active people Dr Brady Green	Practical podiatric dermatology: one layer at a time Joseph Frenkel	Assessment and management of hip and groin pain: what's new for clinicians? A/Prof. Andrea Mosler	How do we rehabilitate a dizzy patient? A practical workshop Prof. Trudy Rebbbeck	
9.00 – 12.00	Riverbank R8 Chair: Stephanie Kassos	Gilbert Suite Chair: Emily Hodgkinson	Riverbank R1 Chair: Guy Higgins	Adelaide University – Bonython Jubilee Bldg, Level 2, Room 30 Chair: Jonathan Crawley	
	Not just a simple ankle sprain: the causes and consequences of ankle instability Dr Sue Mayes	Exercise your clinical reasoning: sharpen the tools you already have Dr Tim Mitchell	GEMt SPONSORED WORKSHOP The power of safe and effective GEMt dry needling Robert De Nardis	Lower limb anatomy overview with knee dissection A/Prof. Nicola Massy-Westropp	
11.15 – 12.15	Riverbank R2 Chair: Simon McDonald	Riverbank R3 Chair: Yaser Yousry	Riverbank R4 Chair: Andrew May	Adelaide University – Bonython Jubilee Bldg, Level 2, Room 30 Chair: Dr Viana Vuvan	Riverbank R6 Chair: Rebecca Gilroy
	EMS SPONSORED WORKSHOP Radial shockwave therapy: evidence, application and practice Session 1 Ben Day	ROCKTAPE SPONSORED WORKSHOP RockTape: evidence-based taping in clinical practice James Trotter	ESSITY SPONSORED WORKSHOP Clinical casting skills: a practical workshop Simon Rhead		
12.15 – 1.15	Riverbank R2 Chair: Simon McDonald		Riverbank R4 Chair: Andrew May	Hall A Chair: Lisa Roach	
	EMS SPONSORED WORKSHOP Radial shockwave therapy: evidence, application and practice Session 2 Ben Day		ESSITY SPONSORED WORKSHOP Compression in practice: oedema management Jennifer Ritossa	Update for Clinic Partners Nigel Williams Impact of the Federal Budget on the healthcare sector Craig Mitchell	

Conference Program Friday 16th October, 2026

1.30 – 2.00	Plenary – Hall C Official opening Chair: Tim Hickey						
	Welcome to Country – Jack Buckskin						
	Opening address – Tim Hickey						
	OPC Health – James McQuie						
	CARE: elevating excellence – A/Prof. Kerrie Evans						
2.00 – 3.00	Plenary – Hall C						
	Beyond the limits of human performance – lessons from the harshest place on earth to the frontline of human potential and possibility Donna Urquhart						
3.00 – 3.20 • BREAK							
3.30 – 4.30	Riverbank R2 Chair: Bevan Ellis	Hall A Chairs: Amy Papinniemi and Emily Hodkinson		Riverbank R3 Chair: Rebecca Gilroy	Hall C Chair: Casey Boston		Hall B Chair: Rose Bowerman
	Business Leadership Program (Participants and Alumni)	Clinical Leadership Program (Participants and Alumni)	Recent Graduate Celebration	Foot dermatology – the world, within the world Joseph Frenkel	Elevating care across Healthia – rapid fire		Elevating frontline impact and the patient journey Dr Luke Robinson and Hayley Thomson
					3.30	Scaling evidence-based care Trinidad Valenzuela	
	The Big Pitch	Communication in practice: alliance, uncertainty, and what satisfaction misses Brendan Mouatt			3.40	Research matters Alex Lee and Erin Moss	
					3.50	MultiD: making silos work Jonathan Crawley	
					4.00	Performance under pressure Shaun Lynch	
	Plenary – Hall C Chair: Lisa Roach						
The Resilience Project Martin Heppel							
5.40 – 7.30 • WELCOME RECEPTION							
7.30 – 8.30 • CLINIC PARTNERS’ COCKTAIL EVENT • Adelaide Oval							

Conference Program Saturday 17th October, 2026

6.30 – 8.00 • RUNNING TOUR | BOAT CRUISE

	Hall C Chair: Karl Meiring	Riverbank R2–R3 Chair: Alex Awwad	Riverbank R4 Chair: Nicole Haynes	Hall B Chair: Mary Mitchell	Hall A Chair: Kat Dawson	Riverbank R6–R7 Chair: Ellie Cogill	
9.00 – 9.40	Classification and management of hip joint pain in young active adults Prof. Joanne Kemp	Using biomechanical data to inform clinical decision making in the rehabilitation of foot and ankle surgery Dr Chris Bishop	Listening to young people with chronic pain and their families: how would they like healthcare to go? Dr Carolyn Berryman	Scapholunate instability Prof. Greg Bain	Press play on menopause: reframing the conversation through knowledge and action for both men and women Dr Nicole Avard	Navigating difficult conversations: how to stay calm, safely call out difficult behaviour and influence people without losing your cool Cheryl Gilroy	
9.45 – 10.25	12 years after the Doha agreement, what's new in the management of groin pain in athletes A/Prof. Andrea Mosler	Advanced footwear technology: do these performance benefits come with new found risks? Michael Nitschke	From myth to meaningful action: elevating clinical care to offset childhood obesity Dr Margarita Tsiros	Closing the gaps in shoulder instability rehabilitation: control, capacity and confidence Dr Margie Olds	The whole athlete: screening menstrual and pelvic health in nulliparous female athletes Elisha Bunch		

10.30 – 11.00 • MORNING TEA

	Hall C Chair: Erin Moss	Hall B Chair: Anna Bryant	Riverbank R2 and R3 Chair: Sam Jubber	Riverbank R6–R7 Chair: Dr Vaughan Nicholson	Hall A Chair: Grace Ramsden	Riverbank R5 Chair: Alex Westerhuis	Hall B Chair: Monique Miller
11.00 – 11.40	Multi-sector collaboration to practically assist recovery after whiplash Prof. Trudy Rebbeck	Built to play... but under construction: understanding the adolescent foot and ankle Carlie Altmann	What are clinical reasoning and bias? Understand the tools in your toolbox Dr Tim Mitchell	Bringing order to the chaos: a structured approach to TFCC clinical assessment Dr Luke McCarron	Skeletal muscle hypertrophy in perimenopause and beyond: evidence over hype Eva Boland	Collaborative and inclusive approaches for people living with neurological conditions and their families Dr Carolyn Murray	The performance edge: building health resilience for high-performance across the practice Dr Kellie Rose
11.45 – 12.25	An integrated sensorimotor approach to concussion rehabilitation A/Prof. James McLoughlin	Treatment roulette: spotting fibromyalgia before it derails your plan Talysha Reeve	Modernising the manual therapy framework in the context of pain science Dr Daniel Harvie	Contemporary rehabilitation of extensor tendon injuries: zones III–VII Dr Melissa Hirth	Painful pelvises and patient perceptions: promoting better pain science Dr Jane Chalmers	Health as care: reclaiming care in contemporary health practice Dr Sandra Mortimer	

12.30 - 1.30 • LUNCH

12.40 – 1.20	LUNCH & LEARN Catering to be set in Riverbank R6–R8 foyer						
	Riverbank R2–R3 Chair: Cleo Daley	Riverbank R4 Chair: Dr Fiona Jones	Riverbank R5 Chair: Kent Jordan	Riverbank R6–R7 Chair: Tiarnie Hillman			
	The power of balance Tom Williams	OT networking event	Lyrebird elevated Aaron Bryce, Kent Jordan, Felix McCuaig, Jack Buckley	Practice managers' networking event			
1.30 – 2.10	Hall C Chair: Matt Pollard	Hall A Chair: Tony Pascoe	Hall B Chair: Anthony Niro	Riverbank R4 Chair: Joseph Tuppen	Riverbank R5 Chair: Natalie Bukojemski	Riverbank R6–R7 Chair: Dr Fiona Jones	Riverbank R2–R3 Chair: Ashlee Sargent
	Managing lumbar injury in athletes Dr Kevin Sims	From guidelines to practice: principles and strategies for the management of foot health in inflammatory arthritis Prof. Jim Woodburn	The calf: soleus and gastrocnemius injury evaluation, management, and prevention in sports Dr Brady Green	Blown pulleys and beyond: a guide to finger, hand and wrist injuries in the climber Alex Flood	From screening to strength: practical cancer rehabilitation for everyday allied health practice Lisa Parry	Lift your line of sight: nature, health and the future of allied health practice Bronwyn Paynter	Behind the appointment: what shapes how your patients feel, cope and make decisions? Dean Pearson
	Are we underdosing exercise? Rethinking rehab for low back pain Dr Chris Neason	From forces to function: simplifying biomechanics to build foot strength for pain-free function Prof. Luke Kelly	Beyond the brace: new evidence on ACL healing to inform treatment decisions A/Prof. Stephanie Filbay	Splint with Orficast: a unique thermoplastic on a roll suitable for hand and upper limb rehabilitation Fiona Beck	Metabolic syndrome: what allied health professionals need to know Sally Mastwyk		Helping clinics navigate the changing digital landscape Taylor Fielding
2.15 – 2.55	High performance under pressure: clinical reasoning, systems thinking, and the reality of sport Dr Ian McKeown	Ankle instability: what are we missing? Dr Sue Mayes	Advances in hip and knee replacement surgery Dr George Awwad		Show, don't sell: a compliant framework for marketing allied health Talysha Reeve	Beyond independence: elevating autonomy in allied health Tina Doherty	Getting patient records right: case studies for practice management Andrew McKenzie
3.00 – 3.40							
3.45 – 4.15 • AFTERNOON TEA							
4.00 – 5.00	Plenary – Hall C Chair: Tim Hickey						
	Elevating our creativity in times of AI uncertainty Leah Heiss						
7.30 • GALA DINNER • Hall H							